



8th BALTIC
ATHEROSCLEROSIS
CONGRESS

11-12 April, 2024 / Riga, Latvia

8th Baltic Atherosclerosis Congress

Organising Committee

Congress Chairman: Andrejs Erglis, President of the Latvian Society of Cardiology, President-elect of the Baltic Atherosclerosis Society

Congress Co-Chairmen:

Latvia: Gustavs Latkovskis, Iveta Mintale, Karlis Trusinskis

Estonia: Anu Hedman, Sergei Nazarenko, Martin Serg, Margus Viigimaa

Lithuania: Dovile Karciauskaite, Zaneta Petrulioniene, Rimvydas Slapikas

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Organisers: Baltic Atherosclerosis Society, Latvian Society of Cardiology, Estonian Society of Cardiology, Lithuanian Society of Cardiology

THURSDAY, APRIL 11

University of Latvia, The House of Science, Jelgavas iela 3, Riga

ONSITE

13.00 – 13.10 WELCOME

Andrejs Erglis, President of the Latvian Society of Cardiology, President-elect of the Baltic Atherosclerosis Society

Margus Viigimaa, President of the Baltic Atherosclerosis Society

SESSION 1

BURDEN AND PATHOBIOLOGY OF ATHEROSCLEROSIS

Chairmen: TBD

13.10 – 13.30 **Women and atherosclerosis. EAS new consensus document.** Anu Hedman (Estonia)

13.30 – 14.00 **Microvascular stenocardy...** TBD. Barbara Vitola (Latvia)

14.00 – 14.20 TBD

14.20 – 14.40 TBD

14.40 – 14.00 COFFEE BREAK

SESSION 2

RISK ESTIMATION FOR PRIMARY PREVENTION

Chairmen: TBD

14.00 – 14.30 **Hypertension & Atrial Fibrillation – Screening and guidelines.** Roland Asmar (France)



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14.30 – 14.50 **Stabilization of High-risk Atherosclerotic Plaques.** Karlis Trusinskis (Latvia)

14.50 – 15.10 **Emerging Cardiovascular Risk Modifiers in Non-invasive Imaging.** Goda Staniene (Lithuania)

15.10 – 15.30 TBD

15.30 – 15.50 COFFEE BREAK

SESSION 3

ATHEROSCLEROSIS – ON THE WAY TO HEART FAILURE

Symposium Boehringer Ingelheim

Chairmen: Andrejs Erglis

15.50 – 16.15 **The role and use of SGLT2 inhibitors in the treatment and prevention of heart failure.** Gustavs Latkovskis (Latvia)

16.15 – 16.40 **Establishment of multidisciplinary Heart Failure management in Lithuania.** Jelena Celutkiene (Lithuania)

16.40 – 17.10 Discussion

BALTIC ATHEROSCLEROSIS SOCIETY GENERAL ASSEMBLY

17:10 – 18:00 **BAC activities after the VII BAS Congress in Tallinn and elections.** Margus Viigimaa

18.20 WELCOME RECEPTION

FRIDAY, APRIL 12

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ONSITE

SESSION 4

MANAGEMENT OF DYSLIPIDEMIAS

Chairmen: TBD

09.30 – 10.00 **Challenges and advances in management of familial hypercholesterolemia.** Gustavs Latkovskis. Supported by Novartis (Latvia)

10.00 – 10.20 **Lipid-lowering therapy in 2024.** Margus Viigimaa (Estonia)

10.20 – 10.40 **Familial hypercholesterolemia detection and screening programme in Lithuania.** Urte Aliosaitiene (Lithuania)

10.40 – 11.00 **Beyond HDL cholesterol: HDL function and role in atherosclerosis.** Linas Cerniauskas (Lithuania)

11.00 – 11.30 COFFEE BREAK

SESSION 5

LIFESTYLE AND TRADITIONAL RISK FACTORS

Chairmen: TBD

11.30 – 12.00 **Lifestyle and Atherosclerosis.** Iveta Mintale (Latvia)



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12.00 – 12.20 **Harm reduction in smokers – a rational approach.** Reuven Zimlichman (Israel)

12.20 – 12.40 **Patients adherence as a key point in hypolipidemic treatment effectiveness.** Maris Lapsovs. Supported by Novartis (Latvia)

12.40 – 13.00 TBD

13.00 – 14.00 LUNCH

SESSION 6

NOVEL RISK FACTORS AND TARGETS

Chairmen: TBA

14.00 – 14.30 **Lp(a) as a risk factor of atherosclerotic cardiovascular disease: scientific insights and practical takeaways.** Rimvydas Slapikas (Lithuania)

14.30 – 14.50 **The management of intracerebral atherosclerosis.** Kristaps Jurjans (Latvia)

14.50 – 15.10 TBD

15.10 – 15.30 TBD

15.30 – 16.00 COFFEE BREAK

SESSION 7

TBD

Chairmen: TBD

16.00 – 16.20 TBD

16.20 – 17.00 TBD

17.00 – 17.20 TBD

17.20 – 17.40 TBD

17.40 – 18.00 CLOSING