



8th BALTIC
ATHEROSCLEROSIS
CONGRESS

11-12 April, 2024 / Riga, Latvia

8th Baltic Atherosclerosis Congress

ONSITE: The House of Science University of Latvia, Jelgavas Str. 3, Riga, Latvia

ONLINE: ZOOM

Congress Chairman: Andrejs Erglis, President of the Latvian Society of Cardiology, President-elect of the Baltic Atherosclerosis Society

Congress Co-Chairmen:

Latvia: Gustavs Latkovskis, Iveta Mintale, Karlis Trusinskis

Estonia: Anu Hedman, Sergei Nazarenko, Martin Serg, Margus Viigimaa

Lithuania: Dovile Karciauskaite, Zaneta Petrulioniene, Rimvydas Slapikas

Organising Committee:

Latvia: Gustavs Latkovskis, Iveta Mintale, Karlis Trusinskis, Iveta Bajare

Estonia: Anu Hedman, Sergei Nazarenko, Martin Serg, Margus Viigimaa

Lithuania: Dovile Karciauskaite, Zaneta Petrulioniene, Rimvydas Slapikas

Organisers: Baltic Atherosclerosis Society, Latvian Society of Cardiology, Estonian Society of Cardiology, Lithuanian Society of Cardiology

THURSDAY, APRIL 11

13.00 – 13.10 WELCOME

Andrejs Erglis, President of the Latvian Society of Cardiology, President-elect of the Baltic Atherosclerosis Society

Margus Viigimaa, President of the Baltic Atherosclerosis Society

Hosams Abu Meri, Minister of Health of the Republic of Latvia

Agnese Vaļuliene, State secretary of the Ministry of Health

SESSION 1

BURDEN AND PATHOBIOLOGY OF ATHEROSCLEROSIS

Chairmen: Margus Viigimaa, Andrejs Erglis

13.20 – 13.40 **Myocardial metabolomics of human heart.** Andrejs Erglis (Latvia)

13.40 – 14.00 **Women and atherosclerosis. EAS new consensus document.** Anu Hedman (Estonia)

14.00 – 14.20 **Emerging Cardiovascular Risk Modifiers in Non-invasive Imaging.** Goda Staniene (Lithuania)



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SESSION 2

RISK ESTIMATION FOR PRIMARY PREVENTION

Chairmen: Roland Asmar, Anu Hedman, Rimvydas Slapikas

14.30 – 14.50 **Hypertension & Atrial Fibrillation – Screening and guidelines.**

Roland Asmar (France)

14.50 – 15.10 **Israel's National plan to reduce the burden of cardiovascular**

disease – from research to National plan and results. Arnon Afek Fink (Israel)

15.10 – 15.30 **Stabilization of High-risk Atherosclerotic Plaques.** Karlis

Trusinskis (Latvia)

15.30 – 16.00 COFFEE BREAK

SESSION 3

ATHEROSCLEROSIS – ON THE WAY TO HEART FAILURE

Symposium Boehringer Ingelheim

Chairmen: Andrejs Erglis, Jelena Celutkiene, Margus Viigimaa

16.00 – 16.30 **The role and use of SGLT2 inhibitors in the treatment and prevention of heart failure.** Gustavs Latkovskis (Latvia)

16.30 – 17.00 **Establishment of multidisciplinary Heart Failure management in Lithuania.** Jelena Celutkiene (Lithuania)

17.00 – 17.20 Discussion

BALTIC ATHEROSCLEROSIS SOCIETY GENERAL ASSEMBLY

17:20 – 18:00 **BAC activities after the VII BAS Congress in Tallinn and elections.** Margus Viigimaa

FRIDAY, APRIL 12

SESSION 4

MANAGEMENT OF DYSLIPIDEMIAS

Chairmen: Iveta Mintale

09.30 – 10.00 **Challenges and advances in management of familial hypercholesterolemia.** Gustavs Latkovskis. Supported by Novartis (Latvia)

10.00 – 10.20 **Lipid-lowering therapy in 2024.** Margus Viigimaa (Estonia)

10.20 – 10.40 **Detection and Screening of Familial Hypercholesterolemia in Lithuanian population.** Urte Aliosaitiene (Lithuania)

10.40 – 11.00 **Beyond HDL cholesterol: HDL function and role in atherosclerosis.** Linas Cerniauskas (Lithuania)

11.00 – 11.30 COFFEE BREAK



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SESSION 5

CLINICAL IMPLICATIONS OF ATHEROSCLEROSIS

Chairmen: TBA

11.30 – 11.50 **Clinical and fundamental (molecular) aspects of cardioprotection in STEMI patients.** Alexandr Parkhomenko (Ukraine)

11.50 – 12.10 **Ischemia with non-obstructive coronary arteries (INOCA).** Barbara Vitola (Latvia)

12.10 – 12.30 **Predictors of the developing atherosclerotic diseases in reproductive age women.** Olena Mitchenko (Ukraine)

12.30 – 12.50 **Cardiac function and prognosis in the very elderly presenting with ST-elevation myocardial infarction.** Laima Caunite (Latvia)

12.50 – 13.10 **The management of intracerebral atherosclerosis.** Kristaps Jurjans (Latvia)

PARALEL INTERACTIVE SESSION

Please register at the congress Information desk. The number of participants is limited. Session room will be announced.

11.30 – 12.30 **How non-geriatricians can assess functional capacities and frailty in older adults.** Sylvie Gautier (France)

13.10 – 14.00 LUNCH

SESSION 6

LIFESTYLE AND TRADITIONAL RISK FACTORS

Chairmen: Iveta Mintale, Athanase Benetos, Reuven Zimlichman

14.00 – 14.40 **Impact of arterial health on the aging trajectories.** Athanase Benetos (France)

14.40 – 15.00 **Association between self-rated health and cardiovascular risk factors in Latvia.** Iveta Bajare (Latvia)

15.00 – 15.20 **Harm reduction in smokers – a rational approach.** Reuven Zimlichman (Israel)

15.20 – 15.40 **Lifestyle and Atherosclerosis.** Iveta Mintale (Latvia)

15.40 – 16.00 COFFEE BREAK



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SESSION 7

NOVEL RISK FACTORS AND TARGETS

Chairmen: TBA

16.00 – 16.20 **Lp(a) as a risk factor of atherosclerotic cardiovascular disease: scientific insights and practical takeaways.** Rimvydas Slapikas (Lithuania)

16.20 – 17.00 **Microalbuminuria – as cardiovascular risk factor.** Karlis Trusinskis.
Supported by Bayer (Latvia)

17.00 – 16.20 **Patients adherence as a key point in hypolipidemic treatment effectiveness.** Maris Lapsovs. Supported by Novartis (Latvia)

17.20 – 18.00 **TBA**

18.00 CLOSING