



8th BALTIC  
ATHEROSCLEROSIS  
CONGRESS

11-12 April, 2024 / Riga, Latvia

## 8th Baltic Atherosclerosis Congress

**ONSITE:** The House of Science University of Latvia, Jelgavas Str. 3, Riga, Latvia,  
Main Hall

**ONLINE:** ZOOM

**Congress Chairman:** Andrejs Erglis, President of the Latvian Society of Cardiology,  
President-elect of the Baltic Atherosclerosis Society

### Congress Co-Chairmen:

Latvia: Gustavs Latkovskis, Iveta Mintale, Karlis Trusinskis

Estonia: Anu Hedman, Sergei Nazarenko, Martin Serg, Margus Viigimaa

Lithuania: Dovile Karciauskaite, Zaneta Petrulioniene, Rimvydas Slapikas

### Organising Committee:

Latvia: Gustavs Latkovskis, Iveta Mintale, Karlis Trusinskis, Iveta Bajare

Estonia: Anu Hedman, Sergei Nazarenko, Martin Serg, Margus Viigimaa

Lithuania: Dovile Karciauskaite, Zaneta Petrulioniene, Rimvydas Slapikas

**Organisers:** Baltic Atherosclerosis Society, Latvian Society of Cardiology, Estonian  
Society of Cardiology, Lithuanian Society of Cardiology

## THURSDAY, APRIL 11

### 13.00 – 13.10 WELCOME

**Andrejs Erglis**, President of the Latvian Society of Cardiology, President-elect of the  
Baltic Atherosclerosis Society

**Margus Viigimaa**, President of the Baltic Atherosclerosis Society

**Hosams Abu Meri**, Minister of Health of the Republic of Latvia

**Agnese Valuliene**, State secretary of the Ministry of Health

### SESSION 1

#### BURDEN AND PATHOBIOLOGY OF ATHEROSCLEROSIS

**Chairmen:** Jelena Celutkiene, Andrejs Erglis, Margus Viigimaa

13.20 – 13.40 **Myocardial metabolomics of human heart.** Andrejs Erglis (Latvia)

13.40 – 14.00 **Women and atherosclerosis. EAS new consensus document.** Anu  
Hedman (Estonia)

14.00 – 14.20 **Emerging Cardiovascular Risk Modifiers in Non-invasive  
Imaging.** Goda Staniene (Lithuania)



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## SESSION 2

### RISK ESTIMATION FOR PRIMARY PREVENTION

**Chairmen:** Anu Hedman, Rimvydas Slapikas, Karlis Trusinskis

14.30 – 14.50 **Israel's National plan to reduce the burden of cardiovascular disease – from research to National plan and results.** Arnon Afek Fink (Israel)

14.50 – 15.10 **Stabilization of High-risk Atherosclerotic Plaques.** Karlis Trusinskis (Latvia)

15.10 – 15.30 **Association between self-rated health and cardiovascular risk factors in Latvia.** Iveta Bajare (Latvia)

**15.30 – 16.00 COFFEE BREAK**

## SESSION 3

### ATHEROSCLEROSIS – ON THE WAY TO HEART FAILURE

#### Symposium Boehringer Ingelheim

**Chairmen:** Jelena Celutkiene, Andrejs Erglis, Margus Viigimaa

16.00 – 16.30 **The role and use of SGLT2 inhibitors in the treatment and prevention of heart failure.** Gustavs Latkovskis (Latvia)

16.30 – 17.00 **Establishment of multidisciplinary Heart Failure management in Lithuania.** Jelena Celutkiene (Lithuania)

17.00 – 17.20 Discussion

## BALTIC ATHEROSCLEROSIS SOCIETY GENERAL ASSEMBLY

17:20 – 18:00 **BAC activities after the VII BAS Congress in Tallinn and elections.** Margus Viigimaa

## FRIDAY, APRIL 12

## SESSION 4

### MANAGEMENT OF DYSLIPIDEMIAS

**Chairmen:** Dovile Karciauskaite, Gustavs Latkovskis, Margus Viigimaa

09.30 – 10.00 **Challenges and advances in management of familial hypercholesterolemia.** Gustavs Latkovskis. Supported by Novartis (Latvia)

10.00 – 10.20 **Lipid-lowering therapy in 2024.** Margus Viigimaa (Estonia)

10.20 – 10.40 **Detection and Screening of Familial Hypercholesterolemia in Lithuanian population.** Urte Aliosaitiene (Lithuania)

10.40 – 11.00 **Beyond HDL cholesterol: HDL function and role in atherosclerosis.** Linas Cerniauskas (Lithuania)

**11.00 – 11.30 COFFEE BREAK**



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## SESSION 5

### CLINICAL IMPLICATIONS OF ATHEROSCLEROSIS

**Chairmen:** Vilnis Dzerve, Gustavs Latkovskis

11.30 – 11.50 **Clinical and fundamental (molecular) aspects of cardioprotection in STEMI patients.** Alexandr Parkhomenko (Ukraine)

11.50 – 12.10 **Ischemia with non-obstructive coronary arteries (INOCA).** Barbara Vitola (Latvia)

12.10 – 12.30 **Predictors of the developing atherosclerotic diseases in reproductive age women.** Olena Mitchenko (Ukraine)

12.30 – 12.50 **Cardiac function and prognosis in the very elderly presenting with ST-elevation myocardial infarction.** Laima Caunite (Latvia)

12.50 – 13.10 **The management of intracerebral atherosclerosis.** Kristaps Jurjans (Latvia)

## PARALEL INTERACTIVE SESSION

Room No 203, 2<sup>nd</sup> floor

**You are welcome to register for the session at the congress Information desk.**

The number of participants is limited.

11.30 – 12.30 **How non-geriatricians can assess functional capacities and frailty in older adults.** Sylvie Gautier (France)

## 13.10 – 14.00 LUNCH

## SESSION 6

### LIFESTYLE AND TRADITIONAL RISK FACTORS

**Chairmen:** Athanase Benetos, Iveta Mintale, Reuven Zimlichman

14.00 – 14.40 **Impact of arterial health on the aging trajectories.** Athanase Benetos (France)

14.40 – 15.00 **Enhancement of lifestyle and impact on the reduction of cardiovascular disease risk through the use of purified plant-derived Omega-3, 6, 9 fatty acids.** Kristaps Erglis, Inese Maurina (Latvia)

15.00 – 15.20 **Harm reduction in smokers – a rational approach.** Reuven Zimlichman (Israel)

15.20 – 15.40 **Food and atherosclerosis.** Iveta Mintale (Latvia)

## 15.40 – 16.00 COFFEE BREAK



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## SESSION 7

### NOVEL RISK FACTORS AND TARGETS

**Chairmen:** Roland Asmar, Andrejs Erglis, Rimvydas Slapikas

16.00 – 16.20 **Lp(a) as a risk factor of atherosclerotic cardiovascular disease: scientific insights and practical takeaways.** Rimvydas Slapikas (Lithuania)

16.20 – 16.40 **Microalbuminuria – as cardiovascular risk factor.** Karlis Trusinskis.  
Supported by Bayer (Latvia)

16.40 – 17.00 **Patients adherence as a key point in hypolipidemic treatment effectiveness.** Maris Lapsovs. Supported by Novartis (Latvia)

17.00 – 17.30 **Hypertension & Atrial Fibrillation – Screening and guidelines.**  
Roland Asmar (France)

### 17.30 CLOSING